

Right sided stroke

Thinking and communication problems

Thinking

A stroke on the right side of your brain can cause difficulty thinking.

It may be difficult to

- know the time and date
- remember where you are
- concentrate
- think things through
- be aware of your difficulties
- notice things on the left side for example you might not notice people on your left, or food on the left side of your plate
- understand how other people are feeling

Communicating

A stroke on the right side of your brain can cause difficulty communicating.

It may be difficult to

- understand the look on someone's face
- understand the tone of someone's voice
- understand jokes
- make eye contact
- join in and follow conversations
- read or write

Will my communicating and thinking get better?

Yes. Thinking and communicating difficulties with a right sided stroke can improve. Speech therapy can help.

A speech pathologist can

- identify what you are having difficulty with
- help make communicating and thinking easier
- help you get back to the things you like to do

Tips for family and friends

- get the person's attention before you start talking
- look at the person, say their name
- reduce distractions
- turn off the TV or radio
- say what you mean
- talk about one topic at a time
- make sure your gestures and facial expression match what you are saying

Talk to your speech pathologist for more information.

Your speech pathologist is:	